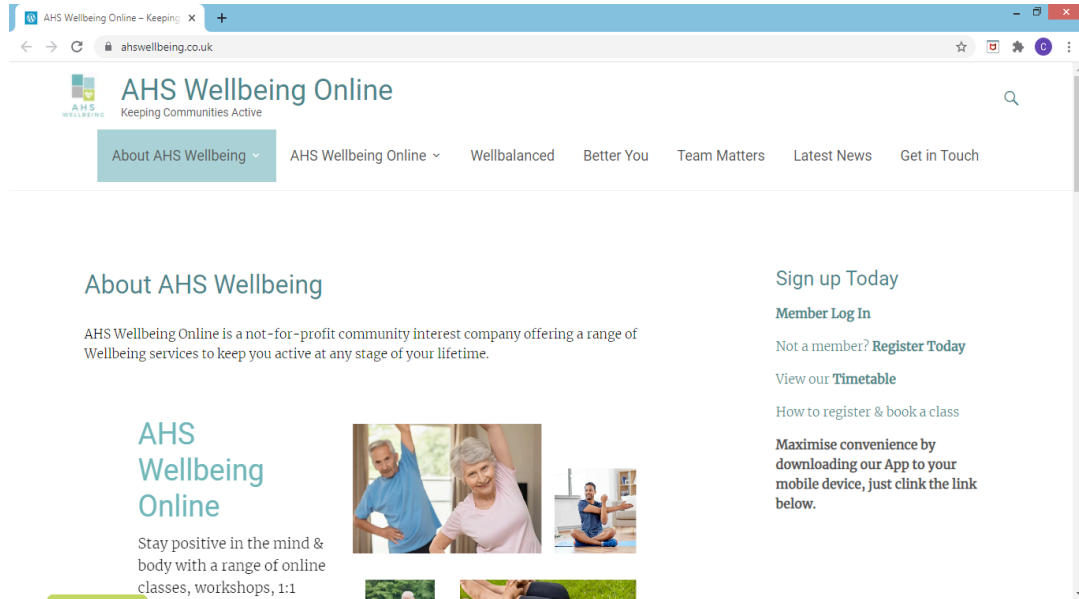




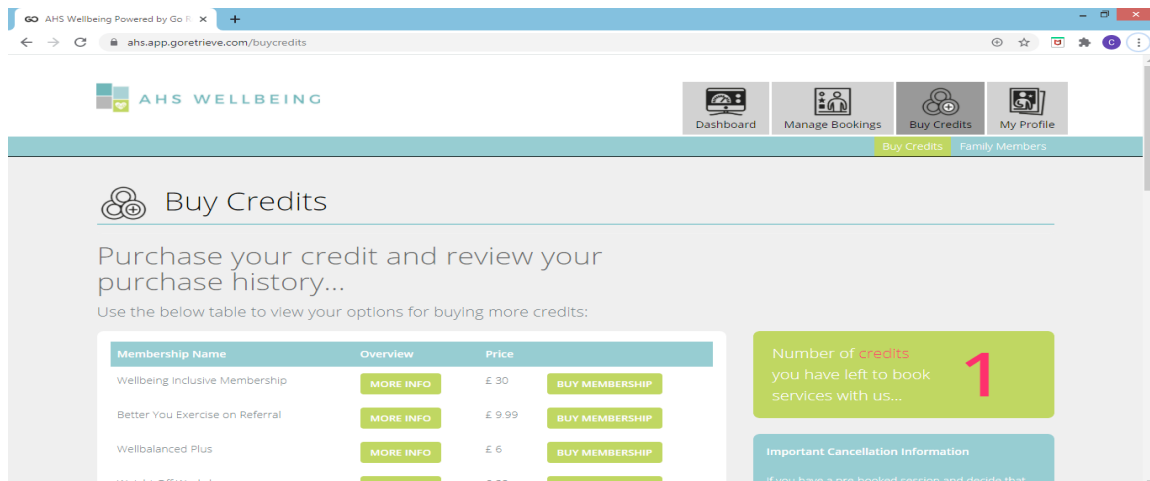
AHS WELLBEING

How to purchase credits/a membership

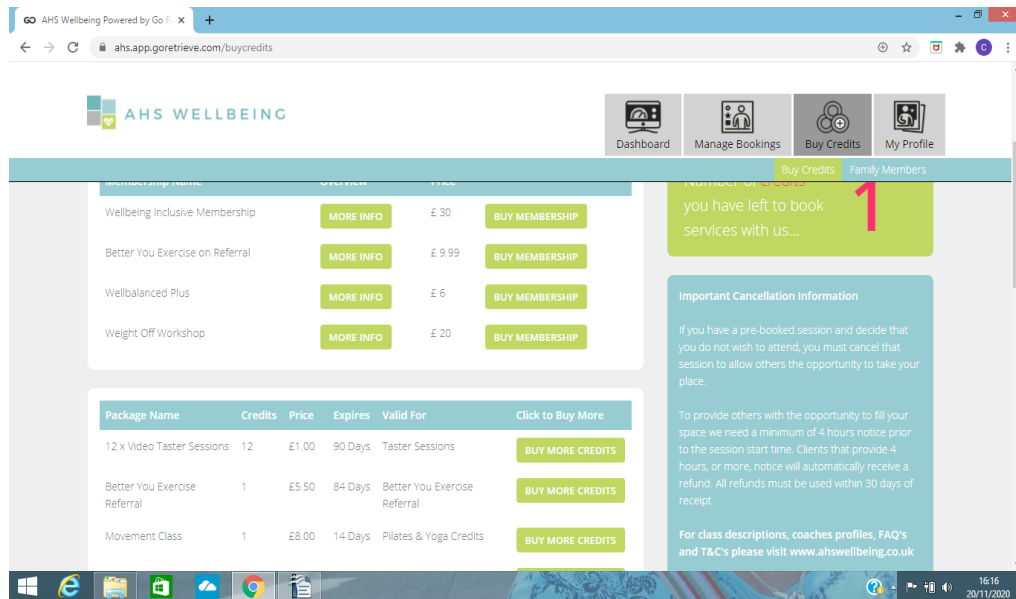
1. On your PC or Laptop, go to www.ahswellbeing.co.uk and log in using your email and password. Select the '**Member Log In**' link to the right hand side of the main screen.



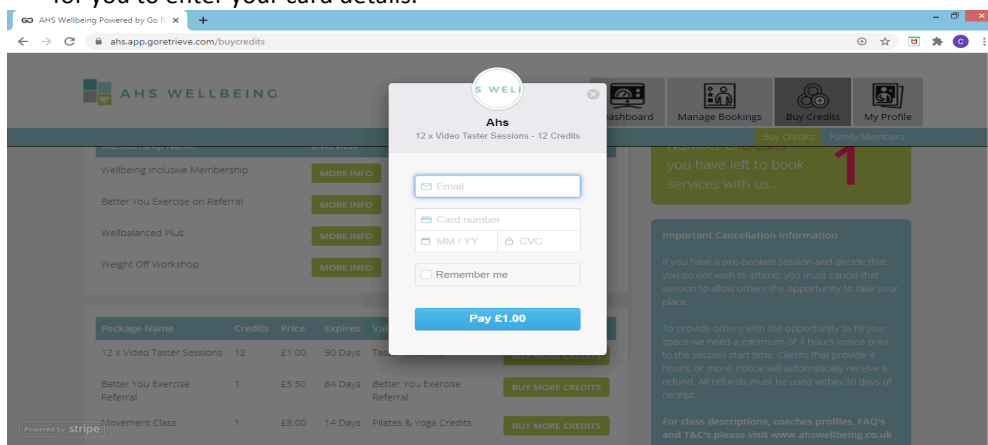
2. On the top right of the screen after log in, you will see a CREDITS tab. Click on this:



3. You will now see a list of options of memberships and packages to choose from. You may have been recommended a certain membership by one of our practitioners or instructors, and if so, please click on this if so.



4. Underneath the membership options are the package options, please have a look and purchase the one you would like. To do this click on **'Buy More Credits'**
5. Once you have clicked on **'Buy Membership'** or **'Buy More Credits'**, a payment screen will come up for you to enter your card details.



6. Please complete the details and the payment will process, and the membership or credits will be added to your account. You will then be able to access the relevant classes attached to the membership or package you have purchased.
7. Please see our **'How to Book a Class'** guide on the website.
8. Enjoy!