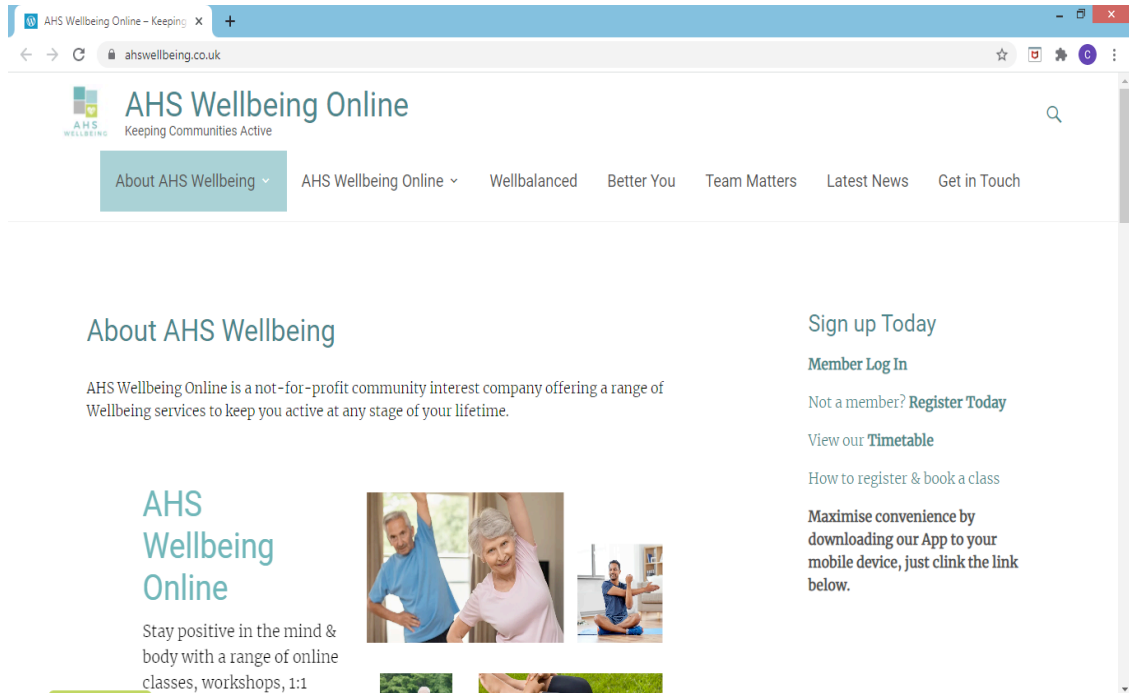




AHS WELLBEING

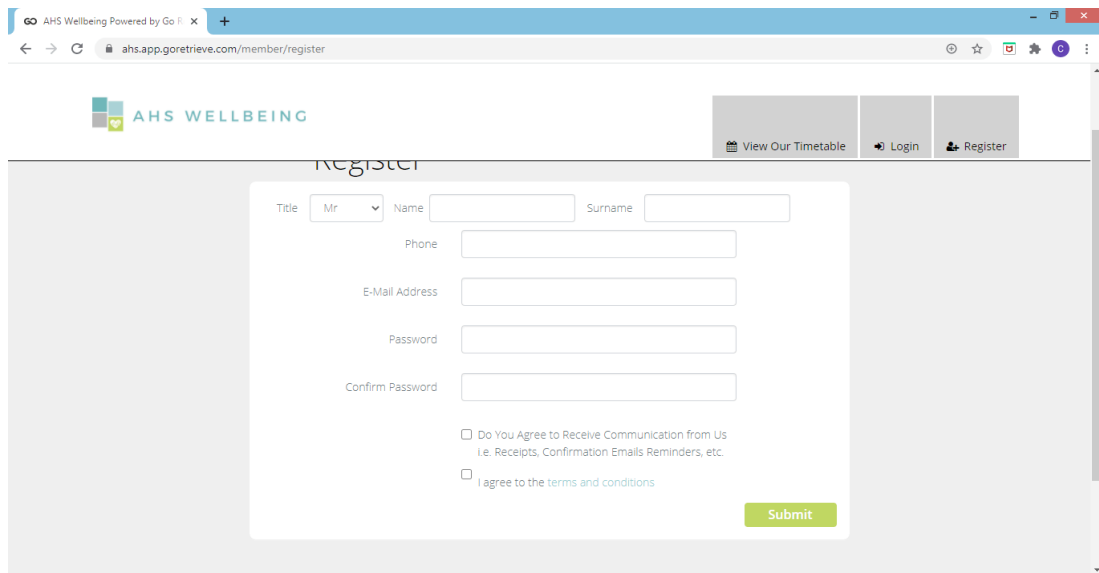
How to Register an account with AHS Wellbeing

1. On your PC/Laptop/Tablet or Smartphone, go to www.ahswellbeing.co.uk . Click to accept All Cookies.

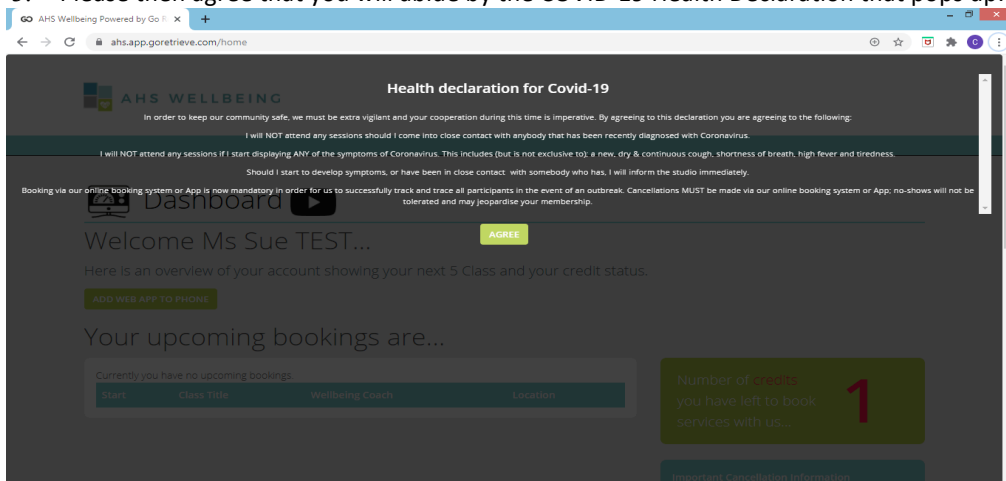


2. On the right hand side of the screen, click '[Register Today](#)' . Input your details following the field on the screen.

When you have entered and confirmed your password, please tick to agreeing to receive communications from us. We are NOT going to bombard you with emails and messages, but we will send you receipts for purchases, information regarding classes (i.e. if a class you are booked on is cancelled for any reason), updates about new classes, workshops etc. This may be via email or via a Push notification to your Smartphone or Tablet.

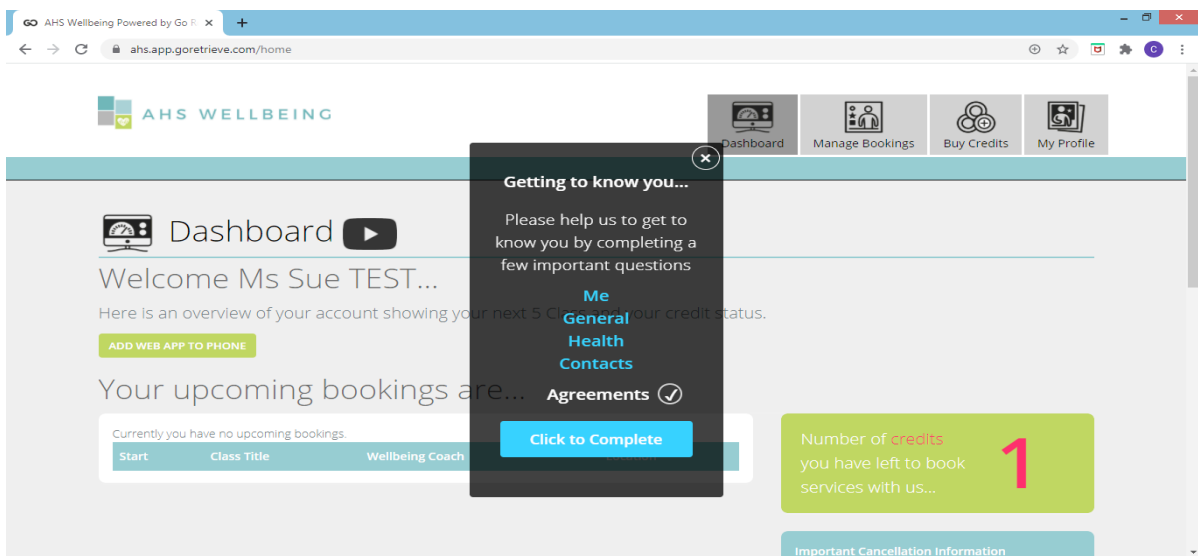


3. Please then agree that you will abide by the COVID-19 Health Declaration that pops up:



4. Please then let us know via the pop up box, who recommended you to us.

5. Please then complete the details about you, as required via the next pop up box. Click on 'Click to



Complete'

6. You are now registered and we will be in touch. We recommend that you download the App on your smartphone or tablet as we can then easily send you short Push notifications if needed.